# Night Prayer

# An Order for Compline

When all have gathered, the leader begins, the people responding with the portions in bold type.

The God of peace grant us a quiet night and a perfect end. Amen.

Our help is in the name of the Lord, the maker of heaven and earth.

The angels of God guard us through the night, and quiet the powers of darkness.

The Spirit of God be our guide, to lead us to peace and to glory.

It is but lost labour that we haste to rise up early, and so late take our rest, and eat the bread of anxiety.

For those beloved of God are given gifts even while they sleep.

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For the forgiveness of our sins and offences, let us pray to the Lord.

## Silence

Lord have mercy,

Christ have mercy,

Lord have mercy.

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# **Monday**

Psalm 4

Answer me when I call, O God, defender of my cause; \* you set me free when I am hard-pressed; have mercy on me and hear my prayer. "You mortals, how long will you dishonour my glory; \* how long will you worship dumb idols and run after false gods?" Know that the Lord does wonders for the faithful; \* when I call upon the Lord, he will hear me. Tremble, then, and do not sin; \* speak to your heart in silence upon your bed. Offer the appointed sacrifices \* and put your trust in the Lord. Many are saying, "Oh, that we might see better times!" \* Lift up the light of your countenance upon us, O Lord. You have put gladness in my heart, \* more than when grain and wine and oil increase. I lie down in peace; at once I fall asleep; \* for only you, Lord, make me dwell in safety.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen.

# **Tuesday**

Psalm 16.1, 5-11

Protect me, O God, for I take refuge in you; \*
I have said to the Lord, "You are my Lord, my good above all other."
O Lord, you are my portion and my cup; \*
it is you who uphold my lot.
My boundaries enclose a pleasant land; \*
indeed, I have a goodly heritage.
I will bless the Lord who gives me counsel; \*
my heart teaches me, night after night.
I have set the Lord always before me; \*
because he is at my right hand I shall not fall.
My heart, therefore, is glad, and my spirit rejoices; \*
my body also shall rest in hope.
For you will not abandon me to the grave, \*
nor let your holy one see the Pit.

You will show me the path of life; \* in your presence there is fullness of joy, and in your right hand are pleasures for evermore.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen.

# Wednesday

Psalm 23

The Lord is my shepherd; \*
I shall not be in want.
He makes me lie down in green pastures \*
and leads me beside still waters.
He revives my soul \*
and guides me along right pathways for his name's sake.
Though I walk through the valley of the shadow of death, I shall fear no evil; \*
for you are with me; your rod and your staff, they comfort me.
You spread a table before me in the presence of those who trouble me; \*
you have anointed my head with oil, and my cup is running over.
Surely your goodness and mercy shall follow me all the days of my life, \*
and I will dwell in the house of the Lord for ever.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen.

# **Thursday**

Psalm 42.1-7, 10

As the deer longs for the water-brooks, \*
so longs my soul for you, O God.

My soul is athirst for God, athirst for the living God; \*
when shall I come to appear before the presence of God?

My tears have been my food day and night, \*
while all day long they say to me, "Where now is your God!"

I pour out my soul when I think on these things: \*
how I went with the multitude and led them into the house of God,
With the voice of praise and thanksgiving, \*
among those who keep holy-day.

Why are you so full of heaviness, O my soul? \*
and why are you so disquieted within me?
Put your trust in God; \*

for I will yet give thanks to him, who is the help of my countenance, and my God. The Lord grants his loving-kindness in the daytime; \* in the night season his song is with me, a prayer to the God of my life.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen.

# **Friday**

Psalm 31.1-5

In you, O Lord, have I taken refuge; let me never be put to shame; \* deliver me in your righteousness.

Incline your ear to me; \*

incline your ear to me,

make haste to deliver me.

Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; \* for the sake of your name, lead me and guide me.

Take me out of the net that they have secretly set for me, \*

for you are my tower of strength.

Into your hands I commend my spirit, \*

for you have redeemed me, O Lord, O God of truth.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen.

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#### SCRIPTURE READING

# **Monday**

Ezekiel 36.24-26

I will take you from the nations and gather you from all the countries, and bring you into your own land. I will sprinkle clean water upon you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. A new heart I will give you, and a new spirit I will put within you; and I will remove from your body the heart of stone and give you a heart of flesh.

### Thanks be to God.

## **Tuesday**

Matthew 11.28-30

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

## Thanks be to God.

# Wednesday

2 Corinthians 4.6-10

It is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies.

#### Thanks be to God

# **Thursday**

Ephesians 3.16-19

I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

### Thanks be to God.

## **Friday**

Philippians 2.5-II

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death — even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of

Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

#### Thanks be to God.

Silence.

II

Into your hands, O God, I commend my spirit;

For you have redeemed me, O God of truth and love.

Keep us, O God, as the apple of your eye;

Hide us under the shadow of your wings.

Antiphon: Preserve us, O God, waking,

and guard us sleeping; that awake we may watch with Christ,

and asleep we may rest in peace.

The Song of Simeon (Luke 2.29–32)

Lord, now you let your servant go in peace; \*
your word has been fulfilled.
My own eyes have seen the salvation \*
which you have prepared in the sight of every people;
a light to reveal you to the nations \*
and the glory of your people Israel.

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever.

Antiphon: Preserve us, O God, waking,

and guard us sleeping; that awake we may watch with Christ,

and asleep we may rest in peace.

#### **PRAYER**

# After a silence, these prayers are used:

Keep watch, dear God, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

Gracious God, support us all the day long of this earthly life, until the shadows lengthen and the evening comes, the busy world is hushed, the fever of life is over, and our work is done.
Then, O God, in your mercy, grant us safe lodging, a holy rest, and peace at the last; through Jesus Christ our Lord. Amen.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Let us bless the Lord.

Thanks be to God.